

## Themes for July 2018 Session:

- Emotions and Emotional Intelligence
- Formation and Canon Law
- Dialogue with Cultures and Inculturation in Formation
- Community Living
- A holistic formation: the 7 dimensions of the person



The inaugural session of our Formation for Formators short course programme

The picture shows the participants in a session on Spirituality with Fr Martin O'Connell SPS

### Payment Details:

St Joseph's Theological Institute

Bank: First National Bank

Account No.: 525 3000 9060

Branch code: 220725

### Payment Reference:

FFFJul18—Name + Surname

### Payment notification:

fff@sjti.ac.za



The cretan labyrinth consists of two paths that cross and wind around each other. We see this a symbolic representation of the relationship between a formator and a formandi. The crossing signifies the cross of Christ who is the model formator and the one in whom our purpose is found, as we continue our pilgrim way; embracing our truth and striving for the fullness of life.

Labyrinth image from:

<https://ellisnelson.com/2013/01/24/walking-the-labyrinth/>



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# St Joseph's Theological Institute



# Formation for Formators Programme

## What?

The SJTI Formation for Formators Programme is dedicated to preparing men and women for the ministry of formation by offering a comprehensive, spiritual, collaborative and experiential approach to formation ministry.

The fully cycle of the formation programme will take six 3-week sessions of short courses over three years, in January and July of each year. Each session will follow 3-5 themes or aspects related to formation.

This is a non-accredited programme. Each module is offered as a short course designed to meet the needs of formation in our contemporary context and the needs of participants already in full time ministry.

## Who?

This program is designed to fulfil a need to offer a comprehensive training program for those serving or going to serve in formation ministry in religious communities and diocesan seminaries

## How?

By living, worshipping, and studying together, participants are able to model and live what would be ideal in communities of formation. Through this experiential process, participants have the time for lasting integration. At the end of the program, participants will not only have the knowledge, skills, and tools they will need, but they will also have the awareness and confidence to carry out the formation ministry.

The language of the programme is English.

## Where?

St Joseph's Theological Institute, Cedara. The campus is set in tranquil surroundings in the KZN midlands, 20km from Pietermaritzburg and 10km from Howick.

Residence is available for women at the Enkanyisweni Residence managed by the Institute, and for men in the religious houses of the stakeholders of the Institute.

## Requirements

- ◆ Recommendation by Major Superior
- ◆ Final vows for religious participants and ordination for diocesan participants.
- ◆ A good grasp of English.
- ◆ Matric pass or equivalent
- ◆ Payment of the fees

## Duration for July 2018 session

- ◆ Arrival on Sunday 1 July 2018
- ◆ Departure 21 July 2018

## Fees for 2018 sessions

- ◆ Fees + Board & Lodging: R9 200.00

**Registration:** To register please send email to: [fff@sjti.ac.za](mailto:fff@sjti.ac.za)

A maximum of 15 participants per session.

## Closing date for registration for July '18:

15 June 2018.

Registration is confirmed by payment of 50% of the Session Fees (i.e. R1100) on being informed of acceptance into the programmed, and the balance by the first day of the session.

Please see back for payment details.

## CURRICULUM FOR JULY 2018 SESSION

### Emotions and Emotional Intelligence

- ◆ Definition of emotional intelligence
- ◆ Components of emotional intelligence
- ◆ Signs of High emotional intelligence
- ◆ Skills to increase emotional intelligence

### Formation and Canon law

### Dialogue with Cultures & Inculturation in Formation

- ◆ Mission of the consecrated amidst the diversities in the world
- ◆ Understanding cultures and the global culture
- ◆ Consecrated life, witness of communion and evangelizing presence in the world
- ◆ Intercultural communities: Graces and Challenges

### Community Living

- ◆ The Eight Stages of Community Development
- ◆ Intimacy—The Heart of Community
- ◆ Dealing with individual differences
- ◆ Communication skills
- ◆ Managing dysfunction

### A holistic formation: the 7 dimensions of the Person

- ◆ In this module, the participants will draw from their own lifestyle in order to bring a better equilibrium in their life and become more aware of the importance of fostering it in the life of the candidates since the beginning of their formation.
- ◆ Time has to be allocated on a regular basis to these 7 dimensions: spiritual, physical, mental, relational, play, work and society/nature